

SUPER SHAKES & SMOOTHIES

MADE WITH OUR STRIVE PLATINUM WHEY PROTEIN

all £6.⁶⁵

ENERGIZE^N

Blueberries, Banana, Cinnamon, L-Cartine, Chia Seeds, Coconut Water, Vanilla Protein.

262 Kcal

MOCHA-LICIOUS^N

Coffee, Banana, Organic Cocoa Powder, Peanut Butter, Oat Milk, Vanilla Sugar-Free Syrup, Chocolate Protein.

297 Kcal

GYM NUT^N

Oats, Dates, Chia Seeds, Organic Cacao Powder, Banana, Peanut Butter, Oat Milk, Chocolate Protein.

425 Kcal

LOTUS BISCOFF^N

Lotus Biscoff, Vanilla Protein, Lotus Biscoff Sauce, Banana, Milk, Whipped Cream Topped with Lotus Biscoff.

334 Kcal

GREEN ROOM^N

Matcha, Spirulina, Spinach, Banana, Coconut Milk, Peanut Butter, Vanilla Protein, Organic Honey.

278 Kcal

SUPER BERRY^N

Blueberries, Banana, Almond Milk, Peanut Butter, Flax Seeds, Vanilla Protein.

284 Kcal

MORNING FUEL^N

Oats, Banana, Peanut Butter, Oat Milk, Vanilla Protein.

372 Kcal

TROPICAL TWIST^N

Tumeric, Coconut Milk, Pineapple, Banana, Fresh Lime, Coconut Flakes, Vanilla Protein.

280 Kcal

RECOVERY^N

Blueberries, Banana, Almond Milk, Creatine, Chia Seeds, Vanilla Protein.

267 Kcal

BODY RESET^N

Mixed Berries, Spinach, Avocado, Mixed Seeds, Chia Seeds.

100 Kcal

GO VEGAN^V

Ask a member of the team for details.

EXTRAS

Coffee £2 | Protein Powder £2.50

Creatine £1.50 | L-cartine £1.50

Spirulina £1 | Matcha £1.50 | Tumeric £1.50

Agave Syrup £1 | Organic Honey £1.50