

COFFEE & TEA

FLAT WHITE	£3. ¹⁵	BREAKFAST	£2. ⁶⁰
LATTE	£3. ³⁰	EARL GREY	£2. ⁶⁰
CAPPUCCINO	£3. ³⁰	PEPPERMINT	£2. ⁶⁰
CORTADO	£3. ⁰⁰	CHAMOMILE	£2. ⁶⁰
ESPRESSO	£2. ⁸⁰	GREEN	£2. ⁶⁰
LONG BLACK	£2. ⁹⁰	JASMINE	£2. ⁶⁰
WHITE AMERICANO	£2. ⁸⁵	BERRY FRUITS	£2. ⁶⁰
MOCHA	£3. ⁶⁰		
MACCHIATO	£3. ⁰⁰		

Extras: Non-dairy milk • Extra shot • Sugar free syrup +£0.60 | Iced Up +£0.40

SOMETHING DIFFERENT

TUMERIC LATTE	£3. ⁶⁰	BELU WATER Still or Sparkling 33cl	£1. ⁸⁵
MATCHA LATTE	£3. ⁶⁰	COLLAGEN WATER Body, Beauty	£4. ³⁰
BEETROOT LATTE	£3. ⁶⁰	DASH SPARKLING Raspberry, Lemon, Peach	£3. ¹⁰
CHAI LATTE	£3. ⁶⁰	COKE, DIET COKE, LEMONADE	£2. ¹⁰
HOT CHOCOLATE	£3. ⁰⁰	FRESH ORANGE JUICE	£4. ⁰⁵
+Whipped cream +Marshmallow	£0. ⁵⁰	CBD INTUNE	£4. ⁹⁵
STRIVE PROTEIN ICED COFFEE	£5. ⁸⁰	Grapefruit & Mint, Pomegranate & Ginger, Elderflower & Hops	
ICED COFFEE Vanilla or Sugar-free Caramel	£3. ⁹⁰	NOCCO - BCCA ENERGY DRINK	£3. ⁶⁵

NO. 1 LIVING KOMBUCHA by Jonny Wilkinson

Focus | Immune | Calm £3.⁷⁵ Raspberry | Passion Fruit | Ginger £3.⁵⁰

STRIVE PROTEIN SMOOTHIES £6.65

ENERGIZE^N Blueberries, Banana, Cinnamon, L-Cartine, Chia Seeds, Coconut Water, Vanilla Protein. 262 Kcal	SUPER BERRY^N Blueberries, Banana, Almond Milk, Peanut Butter, Flax Seeds, Vanilla Protein. 284 Kcal
MOCHA-LICIOUS^N Coffee, Banana, Organic Cocoa Powder, Peanut Butter, Oat Milk, Vanilla Sugar-Free Syrup, Chocolate Protein. 297 Kcal	MORNING FUEL^N Oats, Banana, Peanut Butter, Oat Milk, Vanilla Protein. 372 Kcal
GYM NUT^N Oats, Dates, Chia Seeds, Organic Cacao Powder, Banana, Peanut Butter, Oat Milk, Chocolate Protein. 425 Kcal	TROPICAL TWIST^N Turmeric, Coconut Milk, Pineapple, Banana, Fresh Lime, Coconut Flakes, Vanilla Protein. 280 Kcal
LOTUS BISCOFF^N Lotus Biscoff, Vanilla Protein, Lotus Biscoff Sauce, Banana, Milk, Whipped Cream Topped with Lotus Biscoff. 334 Kcal	RECOVERY^N Blueberries, Banana, Almond Milk, Creatine, Chia Seeds, Vanilla Protein. 267 Kcal
GREEN ROOM^N Matcha, Spirulina, Spinach, Banana, Coconut Milk, Peanut Butter, Vanilla Protein, Organic Honey. 278 Kcal	BODY RESET^N Mixed Berries, Spinach, Avocado, Mixed Seeds, Chia Seeds. 100 Kcal
	GO VEGAN^V Ask a member of the team for details.

EXTRAS

Coffee £2.00 | Protein Powder £2.50 | Creatine £1.50 | L-cartine £1.50 | Spirulina £1.00
Matcha £1.50 | Turmeric £1.50 | Agave Syrup £1.00 | Organic Honey £1.50

BEER & CIDER PLEASE ENJOY RESPONSIBLY

BIRRA MORETTI ^{4.6%}	£4. ⁵⁵	INCH'S CIDER ^{4.5%}	£4. ⁴⁵
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Customer Notice: Please be aware there are no substitution choices on our menu